

**NEW PATIENT YOUTH REGISTRATION FORM**

Please print and bring to your appointment if you have completed this form from our website

**How did you hear about us?**  Doctor  Patient  Internet/Website  TV  Radio  Other \_\_\_\_\_

**Patient Information**

Patient's Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Middle Initial) \_\_\_\_\_  
 Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_ Gender: \_\_\_ Marital Status: (S, M, W, D) \_\_\_  
 Race: White \_\_\_ Black/African American \_\_\_ Asian \_\_\_ American Indian/Alaska Native \_\_\_  
 Native Hawaiian/Pacific Islander \_\_\_ Other \_\_\_ Unreported/Refused \_\_\_  
 Ethnicity: Hispanic \_\_\_ Non-Hispanic \_\_\_ Unreported/Refused \_\_\_ Other \_\_\_  
 Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_  
 Email: \_\_\_\_\_

May we send you appointment reminders? Yes \_\_\_ No \_\_\_

May we contact you through email? Yes \_\_\_ No \_\_\_

Employer Name: \_\_\_\_\_ Employer Phone Number: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: (\_\_\_\_) \_\_\_\_\_

**Insurance Information**

*A copy of your insurance card(s) is required*

Primary Insurance Name: \_\_\_\_\_ Policy Holder Name: \_\_\_\_\_  
 Policy Holder Date of Birth: \_\_\_/\_\_\_/\_\_\_ ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
 Relationship to Patient: \_\_\_\_\_  
 Secondary Insurance Name: \_\_\_\_\_ Policy Holder Name: \_\_\_\_\_  
 Policy Holder Date of Birth: \_\_\_/\_\_\_/\_\_\_ ID #: \_\_\_\_\_ Group #: \_\_\_\_\_  
 Relationship to Patient: \_\_\_\_\_

**Responsible Party Information (if other than Patient)**

Guarantor's Name: (Last) \_\_\_\_\_ (First) \_\_\_\_\_ (Middle Initial) \_\_\_\_\_  
 Date of Birth: \_\_\_/\_\_\_/\_\_\_ Age: \_\_\_ Gender: \_\_\_ Marital Status: (S, M, W, D) \_\_\_  
 Address: \_\_\_\_\_ City/State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Home Phone: (\_\_\_\_) \_\_\_\_\_ Cell Phone: (\_\_\_\_) \_\_\_\_\_ Work Phone: (\_\_\_\_) \_\_\_\_\_  
 Email: \_\_\_\_\_  
 Employer Name: \_\_\_\_\_ Employer Phone Number: \_\_\_\_\_

I, the undersigned, certify that I, or my dependent have insurance coverage as indicated above. I assign directly to Valley Sleep Center all insurance benefits, if any, otherwise payable to me for services rendered. I understand that I am financially responsible for all charges whether or not paid by insurance. I hereby authorize the practice to release all information necessary to secure the payment of benefits. I authorize the use of this signature on all insurance submissions.

X \_\_\_\_\_  
**Patient/Parent or Legal Guardian Signature**                      **Relationship**                      **Date**

**MEDICATION POLICY**

Valley Sleep Center staff is **not** authorized to personally administer or assist in administration of prescription or nonprescription medication at any time. Patients can take their own medication as prescribed by their physician or have their caretaker assist them. Patients must inform their technologists of any medication taken during testing so the time and medication type can be documented for the reviewing sleep Physician.

Patient **does not** take prescription or non-prescription drugs

Patient currently takes prescription and/or non-prescription drugs. Please list any prescription or non-prescription medications taken with dosage in the box below:

- |           |                     |           |                     |
|-----------|---------------------|-----------|---------------------|
| 1. _____  | <b>Dosage</b> _____ | 5. _____  | <b>Dosage</b> _____ |
| 2. _____  | <b>Dosage</b> _____ | 6. _____  | <b>Dosage</b> _____ |
| 3. _____  | <b>Dosage</b> _____ | 7. _____  | <b>Dosage</b> _____ |
| 4. _____  | <b>Dosage</b> _____ | 8. _____  | <b>Dosage</b> _____ |
| 9. _____  | <b>Dosage</b> _____ | 10. _____ | <b>Dosage</b> _____ |
| 11. _____ | <b>Dosage</b> _____ | 12. _____ | <b>Dosage</b> _____ |

Patient has **Medication allergies**. Please list medication allergies and reaction in the box below:

- |          |                        |           |                        |
|----------|------------------------|-----------|------------------------|
| 1. _____ | <b>Reaction:</b> _____ | 5. _____  | <b>Reaction:</b> _____ |
| 2. _____ | <b>Reaction:</b> _____ | 6. _____  | <b>Reaction:</b> _____ |
| 3. _____ | <b>Reaction:</b> _____ | 7. _____  | <b>Reaction:</b> _____ |
| 4. _____ | <b>Reaction:</b> _____ | 8. _____  | <b>Reaction:</b> _____ |
| 9. _____ | <b>Reaction:</b> _____ | 10. _____ | <b>Reaction:</b> _____ |

**Preferred Pharmacy Name:** \_\_\_\_\_

**Pharmacy Address:** \_\_\_\_\_

**Pharmacy Phone Number:** \_\_\_\_\_

**List any known allergies:** \_\_\_\_\_

**Parent/ Guardian Printed Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Parent/ Guardian Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Medical History (Mark all that apply)**

- |   |   |   |
|---|---|---|
| <input type="checkbox"/> No Medical History             | <input type="checkbox"/> Allergies or Allergic Rhinitis | <input type="checkbox"/> Anxiety                            |
| <input type="checkbox"/> Acid Reflux or GERD            | <input type="checkbox"/> Asthma                         | <input type="checkbox"/> Bipolar Disorder                   |
| <input type="checkbox"/> Arthritis                      | <input type="checkbox"/> Central Sleep Apnea            | <input type="checkbox"/> Chronic Pain                       |
| <input type="checkbox"/> Cardiac Arrhythmias            | <input type="checkbox"/> COPD                           | <input type="checkbox"/> Depression                         |
| <input type="checkbox"/> Coronary Artery Disease        | <input type="checkbox"/> Eating Disorder                | <input type="checkbox"/> Enlarged Tonsils/Hypertrophy       |
| <input type="checkbox"/> Diabetes Mellitus              | <input type="checkbox"/> Excessive Daytime Sleepiness   | <input type="checkbox"/> Genetic Disease                    |
| <input type="checkbox"/> Enuresis/Urinating in Sleep    | <input type="checkbox"/> Headaches                      | <input type="checkbox"/> Heart Disease                      |
| <input type="checkbox"/> Head Injury                    | <input type="checkbox"/> Heart Failure                  | <input type="checkbox"/> HBP/Hypertension                   |
| <input type="checkbox"/> Heart Attack                   | <input type="checkbox"/> Hypoxemia                      | <input type="checkbox"/> Idiopathic Hypersomnia             |
| <input type="checkbox"/> High Cholesterol               | <input type="checkbox"/> Insufficient Sleep             | <input type="checkbox"/> Iron Deficiency                    |
| <input type="checkbox"/> Insomnia                       | <input type="checkbox"/> Memory Loss                    | <input type="checkbox"/> Myocardial Infarction/Heart Attack |
| <input type="checkbox"/> Kidney Disease                 | <input type="checkbox"/> Nightmares                     | <input type="checkbox"/> Sleep Terrors or Night Arousals    |
| <input type="checkbox"/> Narcolepsy                     | <input type="checkbox"/> Obstructive Sleep Apnea        | <input type="checkbox"/> Palpitations                       |
| <input type="checkbox"/> Obesity                        | <input type="checkbox"/> Post-Traumatic Stress Disorder | <input type="checkbox"/> Poor or Delayed Growth             |
| <input type="checkbox"/> Peripheral Neuropathy          | <input type="checkbox"/> Sciatica                       | <input type="checkbox"/> Seizures/Epilepsy                  |
| <input type="checkbox"/> Restless Legs Syndrome         | <input type="checkbox"/> Sickle Cell Disease            | <input type="checkbox"/> Sleep Talking/Sleep Walking        |
| <input type="checkbox"/> Shift Work Disorder            | <input type="checkbox"/> Stroke or CVA                  | <input type="checkbox"/> Teeth Grinding/Bruxism             |
| <input type="checkbox"/> Sinus Problems/Sinusitis       |   |   |
| <input type="checkbox"/> Trouble Breathing through Nose |   |   |
| <input type="checkbox"/> Thyroid Disorder/Type: _____   |   |   |
| <input type="checkbox"/> Cancer - Type: _____           |   | <input type="checkbox"/> Other: _____                       |

**Psychiatric/Psychological History**

- |  |                         |
|--|-------------------------|
| <input type="checkbox"/> No History                    | Age of diagnosis: _____ |
| <input type="checkbox"/> Anxiety/Panic Attacks         | Age of diagnosis: _____ |
| <input type="checkbox"/> Autism                        | Age of diagnosis: _____ |
| <input type="checkbox"/> Behavioral Disorder           | Age of diagnosis: _____ |
| <input type="checkbox"/> Depression                    | Age of diagnosis: _____ |
| <input type="checkbox"/> Developmental Delay           | Age of diagnosis: _____ |
| <input type="checkbox"/> Drug Abuse                    | Age of diagnosis: _____ |
| <input type="checkbox"/> Hyperactivity/ADHD            | Age of diagnosis: _____ |
| <input type="checkbox"/> Learning Disability           | Age of diagnosis: _____ |
| <input type="checkbox"/> Obsessive Compulsive Disorder | Age of diagnosis: _____ |
| <input type="checkbox"/> Other: _____                  |                         |

**Surgical History (Mark all that apply)**

- |   |                       |
|---|-----------------------|
| <input type="checkbox"/> None                                   | Age of Surgery: _____ |
| <input type="checkbox"/> Adenoidectomy                          | Age of Surgery: _____ |
| <input type="checkbox"/> Tonsillectomy                          | Age of Surgery: _____ |
| <input type="checkbox"/> Thyroidectomy                          | Age of Surgery: _____ |
| <input type="checkbox"/> Hypoglossal Nerve Stimulator           | Age of Surgery: _____ |
| <input type="checkbox"/> Has your child had ear tubes?          | Age of Surgery: _____ |
| <input type="checkbox"/> Other Surgery - Please describe: _____ |                       |

**Family History (Mark all that apply)**

Family History Unknown       No Family History to Report       Family History of Sleep Disorder

**If marked yes above, mark history and family member:**

<input type="checkbox"/> Insomnia	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Loud Snoring	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Narcolepsy	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Night Terrors	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Nightmares	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Periodic Limb Movements	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Restless Legs Syndrome	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Sleep Talking	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Sleep walking	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Central Sleep Apnea	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Obstructive Sleep Apnea	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Restless Legs Syndrome	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> REM Behavior Disorder	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Sleep Related Cramps	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Idiopathic Hypersomnia	<input type="checkbox"/> Mother	<input type="checkbox"/> Father	<input type="checkbox"/> Brother/Sister	<input type="checkbox"/> Grandparent
<input type="checkbox"/> Other Family History: _____				

**Social History**

**Your child's grade:** \_\_\_\_\_

**Has your child ever repeated a grade?**       Yes       No

**Is your child enrolled in any special education classes?**       Yes       No

**How many school days has your child missed so far this year?** \_\_\_\_\_

**How many school days did your child miss last year?** \_\_\_\_\_

**How many school days has your child been late so far this year?** \_\_\_\_\_

**How many school days was your child late last year?** \_\_\_\_\_

**Child's grades this year:**  Excellent     Good     Average     Poor     Failing

**Child's grades last year:**  Excellent     Good     Average     Poor     Failing

**Household members your child lives with?**

Siblings     Father     Mother     Grandparents     Stepfather     Stepmother     Foster Parents  
 Pets     Other: \_\_\_\_\_

**Does your child use or drink caffeine Products? If yes, what type and how many servings per day?**

Yes: Type: \_\_\_\_\_ Servings: \_\_\_\_\_       No

**Does your child use recreational drugs?**

Yes: Type: \_\_\_\_\_       No

### Sleep History Screening Questionnaire

**Chief complaint.** What is the primary reason your child is here today? \_\_\_\_\_

Has your child had a sleep study before?  **Yes**  **No** If yes, when? \_\_\_\_\_ Where? \_\_\_\_\_

Is your child currently receiving treatment for any sleep disorder?  **Yes**  **No**  
If yes, describe \_\_\_\_\_

Is your child a current or previous CPAP or oxygen user?  **Yes**  **No**  
If yes, what pressure or level do they use? \_\_\_\_\_  
If yes, what number of liters of oxygen? \_\_\_\_\_

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#### Weekday Sleep Schedule

How much time does your child sleep during a 24-hour period on weekdays? \_\_\_\_\_ Hours \_\_\_\_\_ Minutes  
(Include daytime and nighttime sleep)

What is your child's bedtime on weekday nights? \_\_\_\_\_

How long does it usually take to fall asleep? \_\_\_\_\_ Hours \_\_\_\_\_ Minutes

How many times does your child usually wake up at night? \_\_\_\_\_

What is your child's usual wake time on weekday mornings? \_\_\_\_\_  **AM**  **PM**

Does your child wake up on their own or need to be woken? \_\_\_\_\_ Wakes on own \_\_\_\_\_ Need to be woken

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#### Weekend/Vacation Sleep Schedule

How much time does your child sleep during a 24-hour period during weekends/vacations? \_\_\_\_\_ Hours \_\_\_\_\_ Minutes  
(Include daytime and nighttime sleep)

What is your child's bedtime on weekend/vacation nights? \_\_\_\_\_

How long does it usually take your child to fall asleep? \_\_\_\_\_ Hours \_\_\_\_\_ Minutes

How many times does your child usually wake up at night? \_\_\_\_\_

What is your child's usual wake time on weekday mornings? \_\_\_\_\_

Does your child wake up on their own or need to be woken? \_\_\_\_\_ Wakes on own \_\_\_\_\_ Needs to be woken

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**Nighttime Symptoms**

**Does your child have any of the following during the night?**

- Snoring  Yes  No
- Stops breathing during sleep  Yes  No
- Gasping or choking during sleep  Yes  No
- Kicks legs in sleep, hit, or twitch  Yes  No
- Injured themselves or others during sleep  Yes  No
- Uncomfortable feeling in his/her legs; creepy-crawly feeling  Yes  No
- Reports unable to move when falling asleep or upon waking  Yes  No
- Sleepwalking  Yes  No
- Sleep Talking  Yes  No
- Vivid Dreams  Yes  No

**Daytime Symptoms**

**Does your child have any of the following during the day?**

- Attention difficulties  Yes  No
- Behavior difficulties  Yes  No
- Learning difficulties  Yes  No
- Feels weak or loses control of his/her muscles when strong emotion occurs (i.e.; laughter)  Yes  No
- Feels sleepy or fatigued during the hours they are awake  Yes  No
- Has the urge to take naps  Yes  No

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Has your child used any medication or sleep aids to help them sleep?  Yes  No  
If, yes what have they used? \_\_\_\_\_

Does your child feel rested when waking up?  Yes  No

**Does your child awaken from sleep with any of the following?**

- Dry mouth  Need to Urinate  Choking and gasping  Acid reflux or heartburn  Sweating  Panic attack
- Fast heart rate  Headaches  Leg discomfort  Confusion  Noise  Pain  Other: \_\_\_\_\_

- Has your child recently found themselves nodding off or sleeping while driving a vehicle?  Yes  No
- Has your child recently had an accident due to falling asleep or sleepiness?  Yes  No
- Has your child found themselves performing routine activities and/or driving without thinking?  Yes  No
- Has your child ever gone about performing a task only to find they have already done it?  Yes  No
- 

### Epworth Sleepiness Scale

How likely are you to doze off or fall asleep in the following situations, in contrast to feeling just tired? This refers to your usual way of life in the past few months. Even if you have not done some of these things recently, try to work out how they would have affected you. Choose the most appropriate number for each situation.

**0 = Would never fall asleep 1 = Slight chance of dozing 2 = Moderate chance of dozing  
3 = High chance of dozing**

Situation	Chance of Dozing
Sitting and reading	<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3
Watching TV	<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3
Sitting in a public place (i.e., theater or a meeting)	<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3
As a passenger in a car for an hour without a break	<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3
Lying down to rest in the afternoon when circumstances permit	<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3
Sitting and talking to someone	<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3
Sitting quietly after a lunch without alcohol	<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3
In a car, while stopped for a few minutes in traffic	<input type="checkbox"/> 0 <input type="checkbox"/> 1 <input type="checkbox"/> 2 <input type="checkbox"/> 3
<b>Epworth Sleepiness Scale Total=</b>	

**Medical Release Form**

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

**Release of Information**

Initial [ ] I authorize Valley Sleep Center the release of information including the diagnosis, records, examination rendered to me and claims information. Information may be released to the following people:

1. \_\_\_\_\_ Relation: \_\_\_\_\_

2. \_\_\_\_\_ Relation: \_\_\_\_\_

3. \_\_\_\_\_ Relation: \_\_\_\_\_

4. \_\_\_\_\_ Relation: \_\_\_\_\_

Initial [ ] *Do not release information to anyone*

***The release of information will remain in effect until terminated by me in writing.***

Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**PATIENT FINANCIAL RESPONSIBILITY**

Thank you for choosing Valley Oximetry, Inc. as your healthcare provider. Please read and sign this form to acknowledge your understanding of our patient financial policies.

- The patient (or patient's guardian) is ultimately responsible for the payment of treatment and care. Patient (or patient's guardian) is responsible for payments of co pays, coinsurance, deductibles and all other procedures or treatment not covered by their insurance plan.
- Your insurance is a contract between you and your insurance company. We will bill your insurance for you. However, the patient is required to provide the most correct and updated information regarding your coverage. This includes all primary, secondary and any tertiary coverage.
- Co pays, Coinsurance and deductibles are due at the time of service. This charge is an **estimate** of what your insurance carrier covers. Patients may incur, and are responsible for payment of any additional charges, if applicable. This includes any charges that are not covered by any secondary or tertiary insurance. We expect and encourage that you know your insurance benefits. All out of pocket amounts quoted by Valley Oximetry, Inc. are **estimates**. Prior approvals that are received from your insurance company are not a guarantee of payment.
- The patient (or patient's guardian) is required to provide a copy of their insurance card(s) and photo ID. Additionally, a Credit/Debit Card may be required to be kept on file for guarantee of payment(s), automatic payments or cancellation fees.
- A cancellation/no show fee of \$100.00 will be charged if you do not notify us at least 1 business day prior to your scheduled Consultation, Follow Up appointment or your scheduled Out of Center Sleep Test. A cancellation/no show fee of \$200.00 will be charged if you do not notify us at least 2 business days prior to your scheduled In Lab Sleep Study. The notification must be business days which are Monday through Friday. Please contact us at (480)830-3900 or email: [sleep@valleysleepcenter.com](mailto:sleep@valleysleepcenter.com)
- The Patient (or patient's guardian) is responsible for any damage created by any service animal while the patient is in the care of Valley Sleep Center or its affiliates.
- Patient statements are sent monthly. Payments for invoices that are billed to the patient are due 30 days from receipt of billing. A \$20.00 fee will apply if payments are late. The patient is responsible for making a payment, or for arranging a payment plan, within 30 days of the date that appears on his/her patient statement. A service charge will apply for any payment arrangements. Any outstanding credits may be applied towards outstanding balances. I understand that if I do not pay for this product or service upon receipt of an invoice, I may receive autodialed, pre-recorded calls, or both, at the telephone or wireless number(s) provided above. I consent to receiving future calls at those number(s) by autodialed calls, pre-recorded calls, or both, and understand that my consent to such calls is not a condition of purchasing any goods or services.

I hereby assign my insurance benefits to be paid directly to Valley Oximetry, Inc. I also authorize Valley Oximetry, Inc. to release any information required to process claims or required in the course of my treatment. By signing this document, I state that all information given is accurate and true. I further acknowledge that I have read, understand and agree to the provisions of this Patient Financial Responsibility Form.

\_\_\_\_\_  
**Patient/Legal Representative/Parent/Legal Guardian Signature**

\_\_\_\_\_  
**Date**

**NOTICE OF PRIVACY PRACTICES/HIPAA ACKNOWLEDGEMENT**

The Health Insurance Portability and Accountability Act of 1996 (HIPAA), established a Privacy Rule to help insure that personal health care information is protected for privacy. The Privacy Rule was also created in order to provide a standard for certain health care providers to obtain their patients consent for uses and disclosures of health information about the patient to carry out treatment, payment, or health care operations.

As our patient, we want you to know that we respect the privacy of your personal medical records and will do all we can to secure and protect that privacy. We strive to always take reasonable precautions to protect your privacy. When it is appropriate or necessary, we provide the minimum necessary information only to those we feel are in need of your health care information regarding treatment, payment or health care operations, in order to provide health care that is in your best interest.

We fully support your access to your personal medical records. We may have indirect treatment relationships with you (such as laboratories that only interact with the physician and not patients), and may have to disclose personal health information for purposes of treatment, payment or health care operations. These entities are most often not required to obtain patient consent.

You may refuse to consent to the use or disclosure of your personal health information, but this must be done in writing. Under this law, we have the right to refuse to treat you should you choose to refuse to disclose your Personal Health Information. If you choose to give consent in this document, at some future time you may request to refuse all or part of your Personal Health Information. You may not revoke actions that have already been taken which relied on this or a previously signed consent.

Be sure to review the Notice of Privacy Practices for important information about your rights under HIPAA.

By signing below you acknowledge that the Notice of privacy practice was made available for your review, you had the opportunity to request a copy for yourself, and may view this document on our website.

\_\_\_\_\_  
**Patient/Caretaker Signature**

\_\_\_\_\_  
**Date**

**PATIENT RIGHTS AND REQUIREMENTS**

- A patient is treated with dignity, respect, and consideration;
- A patient is not subjected to Abuse, Neglect, Exploitation, Coercion, Manipulation, Sexual abuse, Sexual assault, restraint or seclusion (except as allowed by ARS R9-10-1012B, Retaliation for submitting a complaint to the Department of Health Services or another entity, misappropriation of personal and private property by an outpatient treatment center’s personnel member, employee, volunteer, or student.
- A patient or patient’s representative, except in an emergency, may either consent to or refuse treatment and may refuse or withdraw consent for treatment before treatment is initiated. Except in an emergency, a patient or a patient’s representative is informed of alternatives to a proposed psychotropic medication or surgical procedure and associated risks and possible complications of a proposed psychotropic drug or surgical procedure.
- A patient or patient’s representative is informed of the following:
  - The outpatient treatment centers policy on health care directives and the patient complaint process.
  - Consents to photographs of the patient before a patient is photographed, except that a patient may be photographed when admitted to an outpatient treatment center for identification and administrative purposes.
  - Except as otherwise permitted by law, provides written consent to the release of information in the patient’s Medical or Financial records.
- A patient has the following rights:
  - Not to be discriminated against based on race, national origin, religion, gender, sexual orientation, age, disability, marital status, or diagnosis.
  - To receive treatment that supports and respects the patient’s individuality, choices, strengths, and abilities.
  - To receive privacy in treatment and care for personal needs.
  - To review upon written request, the patient’s own medical record according to ARS 12-2293, 12-2294, and 12-2294.01.
  - To receive a referral to another health care institution if the outpatient treatment center is not authorized or not able to provide physical health services or behavioral health services needed by the patient.
  - To participate or have the patient’s representative participate in the development of, or decisions concerning treatment.
  - To participate or refuse to participate in research or experimental treatment.
  - To receive assistance from a family member, the patient’s representative, or other individual in understanding, protecting, or exercising the patient’s rights
- The handling of patient complaints is generally taken care of by staff members, however, if patient complaints are above a simple fix or are not to their satisfaction these complaints should be addressed in writing to the Administrator or Director of Patient Services. Patients and staff members have the ability to inform the Administrator or Director of Patient Services to file a formal complaint or incident

**SERVICES AND ACKNOWLEDGMENT OF CONSENT**

I consent to Physician services included in any sleep consultation or follow up that may include but not limited to general physical examinations including ear, nose and throat; cardio/pulmonary, PAP Therapy trial and/or mask fitting, other therapy or services and gathering of general vitals. (Blood pressure, Height/Weight, neck circumference, etc.) By signing below I request that Valley Sleep Center/Physicians and its associates perform consultations and related services and sign this voluntarily to consent and authorize these procedures. I understand that if it is determined during any exam/consultation that my health requires urgent care beyond what the Sleep Center can provide, emergency services may be contacted for support. I have been given the opportunity to review and sign this consent form and I agree and understand this document.

**ADVANCED DIRECTIVE**

Healthcare Directives information is provided by the state of Arizona and has a system for patients to apply and store documents for healthcare provider access. Advance directives are documents that outline what healthcare and treatment decisions should be made if you are unable to communicate these wishes. Please visit <https://healthcurrent.org/azhdr/> to learn more. There is no filing fee, and the process takes up to three weeks. A Healthcare Directive is not required for your visit.

**Patient Name or Guardian (printed):** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Patient or Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_